



## CARE & SUPPORT WORKER JOB DESCRIPTION

May 2017

### Reports to

Field Care Supervisor/Senior Care Worker

### Summary of role

To share with other staff in meeting the personal care and support needs of customers in a way that respects the dignity of the individual and promotes their independence. The care and support provided by Care and Support Workers is expected to include support that would reasonably be given by members of the client's family and is not to include tasks that would normally be undertaken by a trained nurse.

### Principal responsibilities

- To assist clients who need help getting up and going to bed in the morning and evenings, including dressing and undressing, washing, bathing and going to the toilet.
- To help clients with their mobility and with any physical disabilities, including incontinence and use of personal aids and equipment.
- To care for clients who are temporarily sick and need bed nursing and help with feeding etc.
- To provide care and support for clients who are terminally ill.
- To help in the promotion of mental and physical activities of clients through talking, outings, reading, writing, hobbies and recreations.
- To make and change beds, light cleaning, emptying commodes and general tidying.
- To inspect, launder and mend clients' clothes.
- To set tables and trays, prepare and serve light meals, clearing away and washing up.
- To read and write reports and be involved in clients' reviews and training activities.
- To adhere to all Caremark's policies and procedures at all times.
- To report either to the Field Care Supervisor or Care Manager any significant changes in the health or circumstances of a client.
- To encourage the independence of clients wherever possible.

### Personal attributes

It is considered essential that Care and Support Workers possess the following qualities:

- Self motivated & well organised.
- Flexible.
- Caring & sensitive to the needs of others.
- Ability to use own initiative.
- Ability to communicate effectively.